

Centre Island Seafoods Ltd T/A

# O P COLUMBIA

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## Greenshell™ Mussels

### Product Description:

Gourmet brand 800g blanched whole meat on the halfshell of New Zealand Greenshell™ Mussels Individually Quick Frozen.

### Scientific Name:

Perna canaliculus

### Ingredients:

- Greenshell™ Mussels
- Potable Water (protective glaze)

### Minimum Glaze:

3.5%

### Shelf Life:

24 months from the date of production minus 1 day

### Storage Conditions:

STORE AT -18°C OR BELOW KEEP FROZEN

Do not refreeze once thawed

### Grade:

HALFSHELL	1KG	2LB	800GM
L	<35	<32	<28
M	35 / 45	32 / 41	28 / 36
S	46 / 60	42 / 55	37 / 48
MEAT	1KG	2LB	800GM
L	<60	<55	<48
M	60 / 90	55 / 82	48 / 72
S	91 / 110	83 / 100	73 / 88
PETITE	111 / 150	101 / 136	89 / 120
STANDARD	Ungraded	Ungraded	Ungraded



## NUTRITION INFORMATION

Serving per package: 6		
Serving size: 100g of meat		
	Average Quantity per Serving	Average Quantity per 100g
<b>ENERGY</b>	504kJ/120kcal	504kJ/120kcal
<b>FAT</b>	3.1g	3.1g
of which saturated	0.9g	0.9g
<b>CARBOHYDRATES</b>	4.1g	4.1g
of which sugars	0.7g	0.7g
<b>FIBRE</b>	0.0g	0.0g
<b>PROTEIN</b>	18.8g	18.8g
<b>SALT</b>	1382mg	1382mg
of which sodium	553mg	553mg

## INGREDIENTS

NEW ZEALAND  
GREENSHELL™ MUSSELS (**MOLLUSCS**)  
(Perna canaliculus) IN HALF SHELL  
For allergens, see ingredients in **bold**

MAY CONTAIN CRUSTACEANS  
SAFETY: CONTAINS SHELL